

# Safety Resources

As we're headed into the winter holiday we want to be sure that everyone is able to keep themselves and those around them safe. Please reach out to the following resources if you or someone you know is experiencing difficult thoughts or emotions related to suicide.

## Safe2Tell:

Phone Call Only

(No Text Option):

1-877-542-7233

Complete a form on the website:  
Safe2Tell.org

Use the App:  
Safe2Tell CO

## Colorado Crisis Services:

Phone Call:

1-844-493-8255

Text the word "TALK to the number 38255

Online Chat:  
coloradocrisiservices.org

## National Suicide Prevention Hotline:

Phone Call: 988

## The Steve Fund

(culturally trained crisis support for youth of color):

Text "STEVE" to 741741

## The Trevor Project

(resources and crisis support for LGBTQ+ youth):

Phone Call: 1-866-488-7386

Text "START" to 678678

Online Chat: thetrevorproject.org/get-help